

New copyright compromises

by Richard C. Pino

On September 30, 1976, Congress enacted the first general revision of United States copyright law since 1909. While this event may have gone unnoticed by most people, the ordinance has a great impact on education.

A copyright is a statutory right used by writers, musicians and artists to prevent reproduction of their works without their consent. Normally, the copyright owners will allow their works to be reproduced for a monetary fee. This is how many publishers and authors earn a living.

A conflict begins when school instructors reproduce copyrighted material for classroom use. Educators claim that they should be exempt from the copyright law, while authors and publishers claim that they should be paid for any use of their work. The new ruling, H.R. 2223, is a compromise of these two conflicting sides of the issue.

According to Vice President of Academic Affairs Richard Sneed, the new law is "more liberal" than the previous one, although many instructors are

being more cautious in copying material.

H.R. 2223 also covers public and commercial broadcasting. Some SAC instructors videotape copyrighted programs for later use in the classroom. This practice has been, and is still, illegal. The copyright law provides severe penalties for such unauthorized reproduction and compliance with the law rests solely with the instructor.

Certain public television programs have waived their copyright and they may be videotaped, while others may be videotaped for rebroadcast within seven days and then erased. Most commercial programs, such as movies or specials, may not be videotaped without written permission from the copyright owner.

The new copyright law is seen by both sides as a compromise to achieve a fair and workable solution to a complex problem. Radio, television, videotape machines and duplicating equipment were not available when the 1909 law was enacted. For those interested in the new copyright law, a copy is available at the reserve desk in Nealley Library.

9-week courses point to success

by Nancy Lejeune

Most of the nine-week long classes offered for credit began Monday April 11.

Regarding the success of the classes, Hank Waibel, assistant dean of social sciences, said, "We haven't really had time to analyze this, since none of the classes have actually been in session a full week. But based on what we've observed, I expect there'll be more classes like this in the future."

Waibel said that out of 60 new classes started, about one-third have been cancelled due to insufficient enrollment. However, of the classes being held, enrollment averages at 18, from a "low of 13 to a high of 35."

Among the more unusual classes offered are ground school classes for pilots, and accelerated classes in fire academy.

Basic fire academy is a 40-hour class, and this class is held off-campus. The basic ground school for pilots closed because of full enrollment, indicating that there is an active interest on the part of students in flying.

"Piano and racquetball classes also closed," according to Waibel. The class with highest enrollment that did not close was Guidance 110, Introduction to College.

Asked about the usefulness and/or difficulty of completing full courses in only nine weeks, he replied, "In this case, if you drop a class you can fill in a class. Or perhaps a person discovers he needs another class for his major or for graduation. The requirement can be filled in this way without the person having to wait another full semester."

Waibel pointed out that students taking the nine-week classes must work "twice as hard as usual." But so far, he feels the program is headed for success.



A PIE IN THE EYE, NOSE, HAIR . . . John "Jaws" Brickner, SAC student, went for the whole thing last Friday, during the pie-eating contest

held by the World Record Breakers Club. Brickner engulfed his pie in approximately two minutes and 10 seconds.

el DON

SANTA ANA COLLEGE

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April 22, 1977

SAC Forensics team completes year's goal

by Bob Sparks

Jimmy Carter wasn't able to attend. Fritz Mondale was too busy, and Billy Carter was out of town for the opening of a combination brewery and muffler shop. But even though these prestigious men weren't in attendance, the SAC speech teams' venture to Washington D.C., turned out to be very profitable.

The team competed in the National Community College Tournament, and took third place in Forensics and fourth place overall against a field of 82 community colleges.

The results were a great deal more impressive than their competition at the state finals, where they finished 14th, which many members felt was due to poor judging.

The categories in speaking were quite varied. Each participant was required to compete in at least three events, either prepared or impromptu. There are arguments among some people, as to which speeches are more taxing, but all agree that they are not something to be unprepared for.

Impromptu speaking involves receiving three topics on current political and economic issues. The speaker is given ten minutes to formulate a speech. Extemporaneous speaking is very similar, in that the person is given three topics, but has 30 minutes to present a longer and more detailed speech. Ken Turknette, advisor to the speech team, compiled the list of topics for the national finals. He also received a National Service Award for his work in Forensics. Gold awards in Extemporaneous Speaking went to Mike Wilson and Paul Fabrizio.

Oral Interpretation is the reciting of three works that fit a theme. The reader creates the introduction and transitions, to fit the mood accordingly. David Lane received a gold medal in this event.

Duet Acting is a prepared event, where two people recite, and act out a part from a novel, play or some great piece of literature.

Rhetorical Analysis is one of the more difficult speeches to compete in. The student must research and analyze a speech and provide a presentation of it.

Expository speaking is the preparation of an informative speech that generally runs from 8 to 10 minutes in length.

After Dinner Speaking is often thought of as an easy event, but is difficult to conceive. It involves preparing a humorous speech that generally attacks some institution or way of life.

The SAC Readers Theatre, which took first place, presented

a speech on salesmanship that was written by Rick Mullins, one of SAC's speech advisors. The group is comprised of Karen Beckelhymer, Kris Iwersen, David Lane, Richard Pattison and Stan Scott.

In Individual events, silver awards went to Scott and Pattison in Duet Acting.

Bronze awards were given to Art Nieto for Impromptu and Extemporaneous Speaking, Wilson for Impromptu, Fabrizio for Rhetorical Analysis, and Iwersen and Lane in Duet Acting.

Other third place winners were Mike Winckler and Iwersen competing in Expository, and Beckelhymer, Pattison and Winckler in Oral Interpretation.

(See related photo pg. 6)

Rights process now awaiting complaints

by Brian Bergsetter

A formal student complaint policy has been finalized for next year but could be used now if a student has a complaint.

The policy, first presented in el DON Feb. 18, 1977, was merely a blueprint and has undergone various changes.

Students must now confer first with the faculty member or the administrator whose action prompted the objection. This conference should take place no more than 10 days after the complaint, counting only the number of days the Admissions Office is open.

If the difference is not satisfactorily resolved, the student must consult the staff member's superior who may be a department chairman, dean, or other administrator, according to the new plan.

The vice president of Student Affairs (or designee) will aid the student in arranging an appointment between the student and the staff member's supervisor.

If a complaint is still unresolved the student may file a written statement (student complaint/staff response form) stating the right he believed was violated and the policy or regulation of the RSCCD Board of Trustees that grants that right.

In addition to a description of the complaint, the time, dates and other pertinent facts, a remedy sought by the student will also be included on the form.

This information will be sent to the staff member and supervisor for completion of their side of the issue.

The finished document will be sent by the vice president of Student Affairs to the chairperson of the Student Complaint Committee.

The committee will consist of one non-voting chairperson, five students, three instructors and three administrators.

This body will have the power to make an appropriate investigation of the complaint, state its findings and make a recommendation.

Appointments to the committee will be made by the vice president of Student Affairs, in conjunction with the Student Activity Office, faculty senate, and the administrative cabinet.

Not all the voting members will hear each complaint. One administrator, one instructor and one student will be assigned by the chairperson to act on each petition.

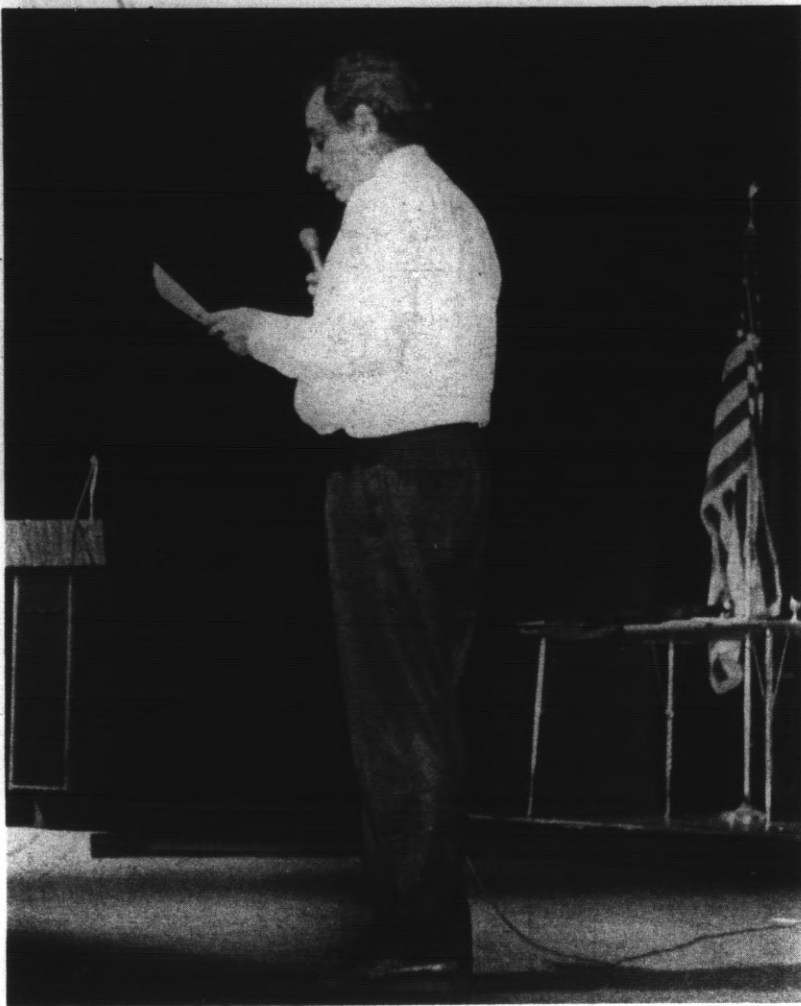
The student complaint committee will be put together after an objection has been made by a student, according to Isabelle Rellstab, vice president of Student Affairs.

If the committee's findings do not sustain the complaint, the group will write a summary of its conclusions for the student who complained. If the student accepts this, then the matter will be considered closed.

However, if the student is still dissatisfied, he may take the matter to Dr. John E. Johnson, President/Superintendent of RSCCD, for his review and decision. The student may still be unhappy and can then bring his complaint before the RSCCD Board of Trustees, which has the ultimate authority.

**** Inside el DON ****

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RESEARCHER REACHES OUT
— During the Holistic Health Fair held last weekend, Dr. Albert Schatz, researcher, highlighted the fair with his speech on "The

Failure of Traditional Medicine." He is best known for discovery of streptomycin, used in eliminating tuberculosis.

(photo by Kim Kavanagh)

Holistic approach to health, would keep body in 'tune'

by Kim Kavanagh

The concept of treating the "whole" body (physical, mental and spiritual) was the idea generating throughout SAC at the Holistic Health Fair last weekend.

Willodean Vance, principal coordinator of the fair, said she has been involved in presentations all over the country, but never in Orange County, her hometown.

Vance said that she was able to round-up most of the speakers through personal favors. She has recently written a reference book on holistic health in which Dr. Albert Schatz, scientist, wrote the introduction.

Schatz was the highlight of the fair. He is best known for his discovery of streptomycin, which is credited with almost single-handedly wiping out tuberculosis.

Schatz spoke on "The failure of Traditional Medicine," and he expounded on the idea that physicians are not what they should be. He told his audience that drugs like Laetrile, are illegal because doctors don't want cures for illnesses, for they would lose patients and, therefore, profits.

"The National Cancer Institute will not test Laetrile. They test 40,000 to 50,000 chemical compounds a year, yet they won't test Laetrile," claimed Schatz.

He also criticized medical schools for their failure to include nutritional education in their curriculums. Schatz said it was vital to good health. According to him, we desperately need a holistic health movement.

Schatz was only available on Saturday for a few hours because of his crowded schedule. Following his lecture at SAC, he flew to France.

Vance presented Schatz with the award "Humanitarian Extraordinaire."

Awards were also given to the Santa Ana Register for their coverage of Laetrile, and to Stewart Case and Dorothy Johnson, members of SAC's Community Services, for helping to organize the fair. Harvey Ross, M.D., founding member of the Academy of Orthomolecular Psychiatry and author of "Fighting Depression," was presented an award for his service to health. Ross spoke at the fair Saturday on "A Nutritional Approach to Depression - Orthomolecular Psychiatry."

Two other recipients of awards were Madeline Nelson and Rosemary Balenski, both guest speakers.

Nelson presented a workshop on Yoga. She teaches at two colleges and has a TV show on channel 50, called "Yoga with Madeline."

Vance was given an award for her inspiration in the health fair.

The only complaint cropping up was that less than a 1,000 people attended the event, which was evident in half-filled Phillips Hall during Schatz's talk.

Vance attributes this to poor publicity and hopes it's not because her "hometown" couldn't care less about their health.

Campus News Briefs

National science grant awarded

SAC has become the first community college to receive a science foundation grant to operate a field center for the National Chantauqua-Type Short Course Program.

The award is \$34,850. SAC was chosen from 54 bids submitted to the science foundation.

Dr. Susan Kelley, asst. dean of science and technology, will serve as project director.

Alan's Elvis in Phillips tonight

The Alan Concert will be here tonight for two shows: one at 8 p.m. and another at 10 p.m. Tickets are \$5 general and \$3 with an ASB card. It will be held in Phillips Hall.

Graduation petitions due

Students eligible for graduation in June must file a petition for graduation. The deadline is April 25, 1977. Petitions are available in the Admissions Office.

Governor's board convenes at SAC

The State Board of Governors will meet today at 9 a.m. in the Faculty Lounge.

It is the first time they have ever met on the SAC campus and the second time a meeting has been held at a community college.

This body coordinates all higher education programs in the state.

Dance concert to be held

SAC presents a student dance production Friday, April 29, and Saturday, April 30 at 8 p.m. in Phillips Hall.

Lynn Rempalski, SAC dance instructor, will be a part of "I Dance Because It Hurts."

General admission is \$1.50. Student price is \$1.

Campus Calendar

Students interested in a European trip this summer should go to the Activities Office, U-12, for information on discount rates...

The Board of Trustees will meet, Monday, April 25 at 7:30 p.m. in the conference room on the second floor of the Administration Building...

ASSAC will meet Monday, April 25, at noon in the Senate Chambers, B-5...

Terry Bales, SAC journalism instructor, will be guest speaker at the College Republican Club meeting Tuesday, April 26, at 11 a.m. in A-5. The media will be discussed...

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(SIGN UP FOR JOURNALISM 123)

SAC students compete for annual bank grants

by Mike Smith

Two SAC students will have a chance to earn up to \$2,000 when they compete in the final selection for the annual Bank of America Community College Awards Wednesday, May 4.

The two, Leslie Paulus and Steve Carazo, recently won \$250 competing in local competition for the awards against students from other community colleges throughout Southern California.



Leslie Paulus

In that competition, held Tuesday, March 29 at the Saddleback Inn, the two participated in a group discussion of an unannounced subject related to their fields of study.

The results of that competition, academic performance, records of their participation in co-curricular and community activities were used by a panel of business and civic leaders in determining the winners.

Although admittedly a bit nervous, Carazo claimed he had little trouble in the competition.

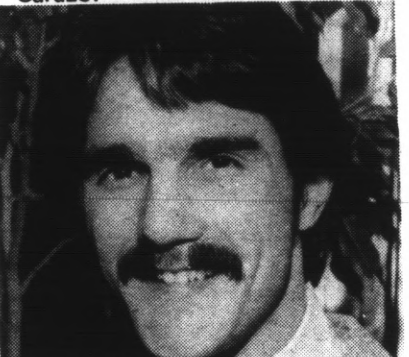
"It was not that tough," he said, "but I expect the next contest to be a lot tougher."

Paulus is also looking forward to the upcoming contest with a bit of consternation. She originally applied for the competition at the suggestion of her business teacher, and was chosen by the business department to represent the school when none of the other applicants qualified.

"I know this is going to sound bad," she said, "but I was really only in it because of the money."

Money also had a lot to do with Carazo entering the competition. He needs the finances to help pay the law school tuition at USC.

"I had the choice of the Bank of America Awards or Basic Grants," he said. "And I'm not really in basic need, so it had to be Bank of America," said Carazo.



Steve Carazo

As far as the upcoming competition is concerned, perhaps Carazo said it best for both SAC hopefuls. "Well, I'll just do the best I can. I hope to place, and I hope to win first place."

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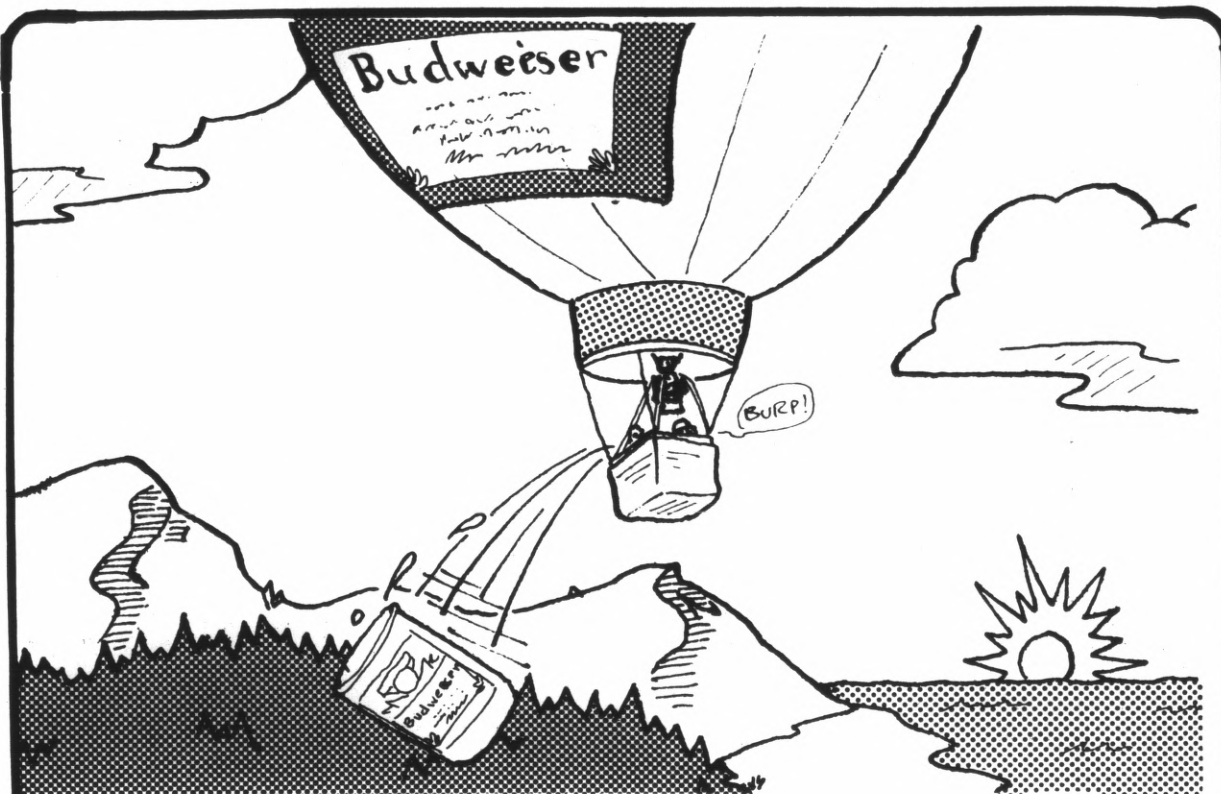
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Editorial

'no deposit' cans mean no returns on energy

This week, colleges all over America are being asked by the U.S. Brewers Association's anti-litter campaign to "Pitch in!" the fight against landscape blight, but simply throwing garbage away is a tremendous waste of energy.

A proposal by State Senator Omer Rains would kill both birds with one bill, SB 4, by placing a two-cent deposit on beverage cans and a five-cent deposit on beverage bottles, which make up about 20% of our litter volume. The incentive to return the containers would cut litter by 10% says the most conservative studies of a similar measure enacted in Oregon, but, more importantly, it would result in a significant energy savings.

An EPA study estimates that on a national level, such a measure would result in a 44% energy savings in the beverage container system. Water would also be conserved -- Oregon's returnable

bottles use one-third as much water as throw-away bottles.

Opponents of Rains' bill say that such a measure would cause massive unemployment, but the EPA report and the Oregon studies show that new jobs created by such measures outnumber the loss of employment in the can and bottle industry.

In addition, the measure would help decrease the amount of bauxite ore imported, the Department of the Interior has warned that our heavy importation of ores is creating a serious balance of payments problem.

The Brewers Assn. has joined other special interests in a stiff battle against the Rains Bill, up for committee vote next week. Considering the Oregon success, el DON is pitching its support behind Senator Rains and hopes Orange County Senator Dennis Carpenter, who sits on the committee next week will join them.

Opinions from the public

Tennis, circulation, legal aid:

SAC school spirit Stops at tennis

On Thursday, March 17, The Santa Ana College men's tennis team celebrated its first win of the season over Mt. San Antonio. On hand to witness the victory were the team manager and two girls from Orange High School.

It is unfortunate that the men's tennis team fails to receive much attention.

In 1975 SAC had the MVP of the South Coast Conference; in '76, two of its players went to the Southern California Regional Championships; and this year it has three of the top players in Southern California.

Perhaps the school apathy is because of a losing period, and everybody knows that no one likes a loser. Perhaps there is an inconvenience of time (Tuesday and Thursday at 2 p.m.) and the fact that tennis matches take place the same time as baseball games. Perhaps it is because tennis is not one of the "glamour" sports of the college scene.

Whatever, the absence of school support does bother the team, which busts its ass every match for a victory and receives little in return from the school, other than a token yearly three paragraph story somewhere in el DON.

There is a tremendous sense of camaraderie among the players. We have as much (if not more) spirit as all other sports. But the lack of school concern is very discouraging, and it makes it increasingly difficult to talk with pride about the spirit of Santa Ana College.

Tom Hannah
Captain, SAC men's tennis team

Student in air; Can't find el DON

I find that the el DON is a well-written, informative college paper. In fact, I have always depended on the paper for information on what's happening around the campus.

The problem is the fact that I haven't been able to locate a paper since the fall semester. I find it quite frustrating to go to the paper rack several times each Friday and find nothing but the empty paper rack.

I would appreciate it if you could inform me when the el

DON is available so I can hurry and get my copy.

Caryl Maas

EDITOR'S NOTE -- el DON reaches the newstands around 9:30 a.m. every Friday. If you have trouble finding a copy, extra papers are available at the el DON office, C-201.

Love that freebee but will it last?

I would (sic) like to make a comment on the new legal advise (sic) set up on our campus.

I think it is a good idea it is here. Many students do need advise (sic) and cannot afford it. One problem I foresee is that I hope it doesn't turn into something like the health center has. Legal advise (sic) is free now but will there be a mandatory legal fee as there is a health fee of \$3.50? I, for one, hope not and if el DON does, I hope they will fight. It might be part of the administration's plan to create one though. After all who pays for it now? So, they might try to stick it to the students. I hope not. It is a good idea.

Concerned Student

EDITOR'S NOTE: el DON policy requires that every letter contain the correspondent's signature.

Deirdre West

Money rules all; material society



Man is quickly becoming a totally materialistic animal with few thoughts that are advantages to others or worries for the feelings of fellow beings.

With a spirit of pioneering almost extinct, and imagination on the downswing off the line of human characteristics, man is at a point in time where he can either go forward in technological, monetary and visibly rewarding areas, or he can grow as a complete unit and accomplish the goal for which he is aiming on the highest plane.

Unfortunately when I look at the world from any of my available vantage points, that of the interested or uninterested observer, the student or the worker, I have great difficulty in seeing mankind going anywhere other than towards his own destruction.

I was talking with Cathy (a good friend) about the space program last week and we were fantasizing on what it would be like to go live on a space station, and the creativity and backbone that it would take to meet the challenge.

I feel that mankind on his own will not reach a plane where he does not feel threatened by anything slightly different from himself, until after his destruction.

Cathy effectively ended this part of the conversation by saying that she thought after all that she would just wait to go up until after such things as a tennis court, a moderate Disneyland and so on had been built for entertainment. Otherwise what was there to do up there? WORK? Who on earth wants to do that?

What with mankind having already accomplished the creation of life, nuclear power, and on his way towards mastering solar power, he is advancing very quickly in technological areas. However, a problem is found when one realizes that man's growth on the mental-emotional level is not equalling that at the practical or scientific levels.

This unbalanced pattern of expanding man's mental horizons may be quickly leading towards his destruction. The speed with which he has gained the knowledge to end the world as we know it has not been accompanied by an equal gain in the emotional realization that having the power must be tempered by a being with a high conscious level, so the power will not be used.

In order to grow as a complete unit humans are going to have to gain an understanding that they are all one in the same, and that fighting among oneself can only end in -- The End. When men of all colors, creeds, religions or backgrounds realize that they were put on earth to live in accord with each other and to grow while making this world a better place and not to deplete it of what was originally here without adding something better, they will be able to reach the goal originally set for them.

Man's growth on the mental/emotional level has not equalled his growth in technological areas.

I feel that mankind on his own will not reach a plane where he does not feel threatened by anything slightly different from himself (such as a man of another color or belief) until he has destroyed most of what is known on earth today and has to cooperate so that the species does not disappear.

At this point in time man should realize his past stupidity and through near extinction will have no choice but to grow mentally and emotionally, allowing all men to live as one.

Also at this time of near destruction man will come to understand his real goal on earth and the reason why he was put here to evolve, grow and destroy. With his aim now in focus, the human being will be able to live with all and see that there is not a real difference between peoples, and that if they work together this idea will be accomplished.

el DON

SANTA ANA COLLEGE

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Analysis

Republicans at work: What are you doing?

by Richard C. Pino

The Republicans are coming! The Republicans are coming! According to political science instructor John G. Schmitz, the College Republican Club is alive and well here at SAC.

Schmitz, who serves as the club's faculty advisor, reports that the club is quite active this semester. At their last bi-weekly meeting, club members discussed the volunteer Army, defense spending and President Carter's proposal for instant voter registration at the polls.

Schmitz said that after such discussions, club members decide what action, if any, should be taken. Club members hope to introduce a bill into the state legislature this semester.

While Schmitz admits that the club is not gargantuan in size, he said, "We stress quality, not quantity" in membership development. The club could do with a few more members, but as Schmitz put it, "Like the Marines, we need a few good men." Schmitz pointed out that about half the club members are women.

Although not everyone on campus can agree with the College Republican Club's ideology, it would seem that they are the only campus organization concerned with the American political process. Of the many other clubs on campus, it appears that they are directed toward their own self-interests.

Where are the Libertarians, Democrats, Socialists, Communists and Peace and Freedom clubs? Are Republicans the only political party on campus? Or, perhaps the students of SAC are as apathetic toward their political process as they are toward every other aspect of college life.

No, the College Republican Club cannot solve all of the world's problems, but who else on campus is doing anything towards that goal? What are you doing, besides sitting in the Snack Bar or watching television?

Maybe we should all follow the lead of the College Republican Club and get involved in our community and our government. Or is that asking a little too much?

by Kim Kavanagh

About 80 per cent of the total yearly municipal waste is combustible and could be used to generate energy if all major urban areas were to practice recovery. The energy would be equal to:

1) approximately 1.5 per cent of the nation's entire energy intake, 2) America's total energy consumption for commercial and residential lighting, 3) about one-third of the energy the Alaska pipeline will deliver (Nealley Library files on refuse).

The recent count of the U.S.'s physical assets totaled a whopping 6.2 trillion dollars. If divided up equally, every American would receive \$28,600 (U.S. News & World Report).

Jobs can produce cancer. Some of the high-risk jobs are dental lab technicians, janitors, dairy related occupations and food workers (The U.C. Comprehensive Cancer Center, Union W.A.G.E.).

Grapes, grape juice, raisins and wines are strong anti-viral agents. The grape and wine extracts coat a virus and prevent it from invading human cells. (Village Voice).

The FBI has a list of individuals, mostly female, who are considered subversive because of their involvement in the women's movement. (Majority Report).

When SAC opened its doors in 1915, there were only 26 students officially enrolled, 19 of whom were women (Santa Ana Register).

In one year, Americans will buy 60 million tons of packaging materials and throw away 90 per cent of those packages. It is estimated that each year the rate will increase six per cent. (Nealley Library files on refuse).

If you purchase a product of any kind that carries a full warranty, and it turns out to be a "lemon," you have the right to a full refund instead of a replacement. All products over \$15 must have their warranties displayed on or near the items or have signs to indicate where the warranty can be found (U.S. News & World Report).

Did You Know?

Opinion poll

No more exercises; students leap for joy



LaVaughn



Magness

by Nancy Lejeune

By a vote of 6-1, RSCCD Board of Trustees eliminated physical education as a requirement for the Associate Arts degree.

The motion was made by Trustee John White, and Trustee Carol Enos cast the opposing vote because she felt that physical education should be required for a general education.

el DON conducted a survey, primarily of students, to find out how they felt about the elimination of the requirement. The response was almost overwhelmingly in favor of the Board's action.

LaVaughn Gonzalez, nursing major, answered enthusiastically, "Ya-a-a-ay! I think it should get to be an elective -- especially when you get to be my age. It should have been eliminated long ago!"

Mark Hutchins, 23, English major, agreed with Gonzalez. "I don't think P.E. should be required," he said.

Sharlee Dougherty, 40, interior design major, exclaimed, "I'm all for it! I think it should be eliminated. Maybe it could be required for the younger students."

Dougherty continued, "It's not that I feel P.E. isn't beneficial, but everyone is so health conscious today anyway ... they dance, jog, diet and things like that."

Business administration major Marge Storm, who admits laughingly to being over 21, said, "I think it's stupid for an adult to have to take P.E. as a requirement. I think it's merely protecting jobs."

Criminal law instructor George Wright, 34, offered an opposing point of view, giving interesting reasons for that opinion.

"I don't feel the requirement should have been eliminated," he said. "I think if you don't force people to do it, they won't do it. Physical education is good for the body ... it is good for



Storm

the psyche. It develops character. People need to learn how to lose as well as how to win with grace."

Wright continued, "People will take the easiest way out if they can. They certainly won't volunteer for the harder P.E. classes ... so P.E. should be required."

Said liberal arts major Judy Judd, 27, "I would keep it ... it's an integral part of personal development and health. The alternative would be to show you are physically fit rather than having to show up three times a week."

Brian Korbelik, 20, political science major, said, "They could use the money for other things -- put it in the Drama Department. People do what they like -- swimming, handball and so on. When it's a 'have to' you look for excuses not to."

Gordon Townsend, 52, said the elimination was a good idea. "It's the only mandatory course in California. Why shouldn't reading, writing and arithmetic also be mandatory?" he asked. "They want all the students to come out with strong bodies and weak minds. Voit and AMF sporting equipment manufacturers lobbied to keep the requirement, so money is the name of the game."

Pete Maddox, 30, injected humor. "The law of supply and demand will take its toll on the price of jock straps!"

Student Tom Magness, 25, is against the elimination. "By not taking P.E. they won't learn physical discipline," he said. "They've done scientific research since the 1930's that shows positive correlation between physical activity and mental acuity."

In all, 24 students and one instructor were questioned. Only four felt Physical Education should be required. Apparently the Board's decision is popular.



Wright



Dougherty



Korbelik



Judd



Hutchins

Opinion

Communication breakdown...

by Dave Busch

I am sorry, Hassan Dezfoulizadeh.

I am sorry that SAC's head of Security told you to "go back to your own country" if you didn't like the way the SAC Security treated you for a minor traffic citation -- because of that remark I am ashamed and embarrassed to attend this college.

I am sorry that, instead of seeing that your letter of criticism of SAC Security who allegedly used three officers to issue you a ticket in a manner which you, and four other students in the car with you, felt was unwarranted harassment and embarrassment for running a stop sign.

I regret the letter was withheld from publication by me while I attempted to get a response from SAC Security over the charges.

Because of this journalistic mistake on my part, inaction and disorder in the Security Department has defused the issue -- The one week delay in printing your letter -- because it was received too late, became two weeks while I waited for Trawick to return from a business trip.

The delay became three weeks, though I did receive a response from Trawick, who defended his remark by saying, in effect, you deserved it because of a 'belligerent attitude' you allegedly displayed during your meeting.

It became three weeks because, in an attempt to substantiate your charge of embarrassment and Trawick's charge of your alleged "lousy attitude," I sought to establish which officer had issued the citation, since Trawick had also called the unknown officer into the meeting between the two of you on that morning of March 18.

Unfortunately neither Trawick nor any of the officers on any of the shifts could recall who gave the ticket. In addition, no one could find Security's copy of the citation bearing the officer's initials, or the duty list naming all officers on duty that afternoon.

You mentioned that you might possibly meet with SAC President Dr. John E. Johnson to express your grievance, but it wasn't until the Tuesday afternoon following Easter Vacation that I was able to get through to Dr. Johnson.

Dr. Johnson told me the two of you never met. Because of limited space, the investigative article I wrote for that week's el DON wasn't printed -- with the understanding my commentary on the affair would appear this week.

* Trawick says that it was coincidence that three officers were present, he claims the third officer just happened to wander on the scene.

* Witnesses, including SAC Homecoming Queen "Chunky" Peryra, say that the three men all appeared at once.

* Dr. Johnson says that your anger has probably cooled down, since the two of you never met.

* You told me you expected this kind of delay to happen and complained that "Free speech in this country never happens when someone in power is involved."

In this instance, I think you're right. I take the blame for being intimidated by the seriousness of the issue, but I must share it with SAC Security and, to a lesser extent, Dr. Johnson's office, for their poor communication and cooperation in this case.

Exciting new method of healing bodies incorporated in yoga class on campus

by Nancy Lejeune

The 1970's have seen an unprecedented curiosity about metaphysical and Eastern disciplines in the United States. Among them is a proliferating interest in "foot reflexology," which is heralded by some as an effective method of healing the body.

Helen Cox, instructor of hatha yoga at SAC, incorporates foot reflexology in her yoga class.

She said, "Foot reflexology is another dimension of healing and diagnosis. The very least it can do is stimulate tremendous circulation."

"It is a preventive thing that announces ahead a potential



problem. The foot is massaged, and when points are rubbed that correspond to organs where a

problem is present or incipient, a needle-like point of pain is felt."

Cox uses as a text, a book by Mildred Carter, entitled *Helping Yourself With Foot Reflexology*,

which illustrates the reflex "buttons" located in the feet and shows interests readers how to manipulate these pressure points.

According to Cox, some studies have shown that the manipulations are effective in the case of prostate trouble. She says that, theoretically, when the proper points are stimulated, energy is channeled along the pathways of the nervous system to corresponding parts of the body.

She related as well the story of one of her students, a woman whose gall bladder was removed. The woman told the class that she'd felt pain at the points in the foot corresponding to the gall bladder, but ignored the warning because she'd never had adverse symptoms involving that organ in the past.

However, the problem was evidently incipient. A few weeks later she had a severe gall bladder attack. One more week, and she had yet another,

necessitating the removal of the organ.

The student said she felt that, if she'd continued in using reflexology techniques, she might have avoided surgery.

Bob Thompson, 43, a second semester student of Cox's yoga class, spoke enthusiastically about foot reflexology.

He said, "Last semester when we took foot reflexology with Mrs. Cox, she gave us a handout, a chart showing all the pressure points in the feet. I took it home and taped it onto the refrigerator. I used the techniques on my children as well as myself. I found it relaxing and refreshing."

Cox explained that there are professional practitioners of reflexology, but warned that, just as in medicine, "some do it just for money."

"Some have learned just the least little bit and are practicing it," she concluded.

A happy ending

Person to Person helps the unhappy

by Brian Bergsetter

Can an individual find happiness in today's society?

Many cannot and use alcohol as a way to escape reality. Others use alcohol because they can't bear the social pressures placed upon them.

One organization devoted to bringing happiness into the lives of others and thus stopping the spread of alcoholism is Person to Person, a private research agency.

The organization was founded by an alcoholic, Hal Halcombe. It's goal is to establish a program for those who depend upon alcohol or drugs or who have related problems and are unhappy. The philosophy of the organization is that the individual is responsible for his own happiness.

One of the tools utilized by the Person to Person program is a series of tapes which strive to help in improving communications between people.

One of these tapes deals with interpersonal relationships. Poor communication causes many problems and those attending meetings or listening to tapes are taught the value of communicating with others in order to improve their relationships.

Person to Person teaches that an individual should not be ashamed to hide his feelings or emotions but instead should express them. "If you feel sad, be sad," says Laurie Parker, counselor for the program.

"Those who don't learn to communicate their emotions are those who can't solve their problems and look for a solution in alcohol."

Another concept taught is, once one has expressed an emotion, it should be forgotten. If an individual is angry and has expressed his anger, the next step is not to dwell on that anger but instead change his attitude and work on changing his outlook.

"What we're trying to return to people is self-worth," says Parker.

Another part of the program stresses changing needs to wants. People can fulfill their own needs without depending upon one another.

The Person to Person program stresses self-worth and good communication with others and teaches that, with proper counseling, the alcoholic crutch can be removed.

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LONG-WINDED RETURNS -- Sporting the fruit of their labors are: (l, front row) Art Nieto-Bronze award Stan Scott, Karen Beckelhymer, Kris Iwersen who, along with Richard Patterson and David Lane (not pictured) brought Reader's Theatre first place. Mike Wilson - Bronze. Back row, (l) Rick Mullens - Advisor and Paul Fabrizio - Bronze award. (photo by Dean Lyon)

Festival slated tomorrow for handicapped students

by Bob Sparks

Santa Ana College will be acting as host tomorrow for "A Very Special Arts Festival," which will exhibit more than 600 handicapped children's work.

The event is co-sponsored by the Orange County Department of Education, the National Arts Committee for the Handicapped, and SAC.

According to Jackie Mayer, secretary to Dr. Warren Marsh, director of the Orange County Department of Education, the event is "designed to bring to the attention of the public, the beauty of the lives of a handicapped person. It is not a competition, but rather an opportunity for a youth with handicapped conditions who is in elementary or secondary, public or private to be seen by an interested audience."

Several prominent people will be in attendance, among them Mrs. Buddy Ebsen, honorary chairman of the National Arts Committee; Congressman Ronald Cordova, and Wendy Perks, director of the National Arts Committee for the Handicapped.

"We feel the program will give the children a chance to participate in dance, drama, music and visual arts, which includes ceramics, painting, sculpture and photography," said Mayer.

"We will also include workshops, performances and exhibitions of the students' work."

The festival will take place in various areas around the campus. The event was originally slated for 8:30 a.m., but has been changed to run from 9 a.m. to noon.

Air and space travel explored in seminar

by Deirdre West

From aviation to outer space, the Aerospace Seminar to be held at SAC starting Monday, will cover everything from 'A History of Aviation' on Tuesday, to 'A Tour of the Jet Propulsion Laboratory (JPL)' on Friday.

"From 2-5 p.m. everyday, we will have lectures and films in D-106, there will be a couple of demonstrations and some handout sheets," said Stewart Case, Director of Community Services.

"Candi (Candi Kolves, College Aviation Transportation Program Coordinator/Instructor) thought there should be some things on aviation and I thought there should be some things on space," Case commented.

AEROSPACE SEMINAR

MONDAY, 25 APRIL, 2 to 5 P.M.

"Our Aerospace Heritage", "What's Out There?", "The UFO Controversy"

TUESDAY, 26 APRIL, 2 to 5 P.M.

"A History of Aviation", "Aerospace and the FAA"

WEDNESDAY, 27 APRIL, 2 to 5 P.M.

"History of the Airlines"

THURSDAY, 28 APRIL, 2 to 5 P.M.

"Breaking the Sound Barrier", "Aerospace Research"

FRIDAY, 29 APRIL, 2 to 7 P.M.

"The Next 200 Years",

Tour of Jet Propulsion Laboratory (JPL), Pasadena, California

MONDAY, 2 MAY, 2 to 5 P.M.

"Baa Baa Blacksheep"

Gregory "Pappy" Boyington, Colonel, U.S. Marine Corps (Ret.), World War II Ace, Hero of Current TV Series

SAC Band--standing on its own feet

by Dave Busch

Sunday night's performance by the SAC College and Community Band demonstrated that Director Ben Glover, the band and the community itself will continue to support the traditional community concert, itself in competition with well-financed and elaborate performances by the music industry.

Guest Director James Christensen, nationally known for his work appearing on several record labels, television shows, and for Walt Disney enterprises, says of Southern California audiences, "They are used to seeing a performer, not just hearing the music when they go to a concert."

Band Director Glover thinks community college events suffer doubly so, since serious music majors often opt for the programs offered by four-year colleges.

This, combined with SAC's declining enrollment, has forced Glover to open the band to community members and enlist

the talent of SAC alumni who have transferred to four-year schools.

Despite these kind of hurdles, the band's concerts have consistently filled Phillips Hall while expensive lectures like Richard Armour's have a hard time attracting community support.

Obviously the band is doing something right. Sunday night's pop sampler was well received by the capacity crowd with some justification, the free concert was a bargain opportunity to hear a live performance in a setting that allows one to share an enjoyable

musical event and encounter new people.

Although sophisticated hi-fi's make it possible to hear the finest music with the accuracy of a live performance, the community concert allows one to participate in the music by meeting the artists, following their work personally, and contributing to the growth and direction of the art.

At least one more concert is scheduled for this spring. That event, will include the stage, concert, and orchestral bands along with the SAC Choir and will take place June 5.

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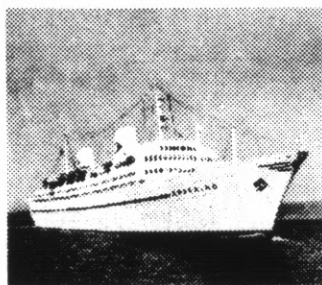
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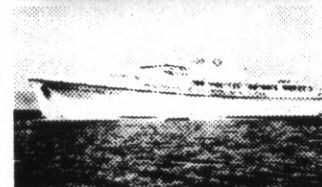
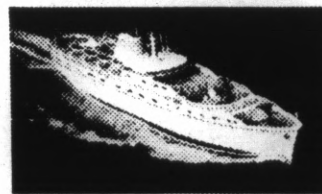
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Surprise! Dons dump Cerritos

Big 16-3 win improves SAC

baseball chances in rugged SCC

"We'll get 'em, I'm sure" -- Dennis Kause.

"I think we'll beat 'em here. We lost a close one at their place last time, but it's gonna be tough here" -- Coach Jim Reach.

by Victor Cota

Perfect predictions. SAC's leading hitter and his mentor were looking forward to last Tuesday's encounter with the state's top ranked baseball team with great enthusiasm and much optimism. And for a good reason, too.

Score: SAC 16, Cerritos 3.

It's not very often . . .



that Cerritos loses . . .



it did this time!

THE ONLY WAY TO WIN -- SAC had a field day Tuesday against the state's top rated team and the SCC five-time champion, Cerritos, with a convincing 16-3 rout. Above, John Nastasi rounds third base en route to a score. Below, pinchrunner Mike Uyematsu picks up dust as he slides into home with still another run.

The win improved the Dons' record to 5-6, while the loss dropped the Falcons' mark to 8-4. Also, the victory closed the gap between both teams, which are two and three in the standings behind OCC, a 4-3 loser to Mt. SAC.

It was a happy day for the home folks, but a disastrous afternoon for the visitors. Never in the history of Cerritos has a team scored more than 13 runs against them. The five-time

South Coast Conference champs never really threatened, either. "We killed some people, let me tell you," was Kause's first comment after the victory.

"I think this is the best game we've played all year long. It was a good win because it makes things a whole lot more exciting. That proves some people wrong. Many were already counting us out. But this big win proves we're still very much in it."

Kause explained that, according to his opinion, the 1977 version of the Cerritos ball club is not as potent as other years. "Any other Cerritos team

would never commit an error, even if they had to. But this time everytime they made an error, I think we capitalized on it."

The win makes it only the eighth time SAC has defeated Cerritos in 45 tries. The series began in 1958.

In order to gain ground on the leaders, the Dons will have

to defeat OCC April 30 at home and Cerritos May 5 away. Plus, SAC will have to depend to both teams to lose in order to claim the title or a share of it.

Don pitcher, freshman Roger Reese from El Modena High School, went the distance for the winners. He allowed six Falcon hits, four of which went for extra bases, including a home run.

SAC came through with a season high 19 hits. John Nastasi punched four in six times at the bat and Brian Burke hit two-for-four. Kevin McCarthy slammed a solo home run in the sixth inning and added an RBI double.

The Dons will try to get closer in the title chase tomorrow as they test Mt. SAC.

Although not champs, cagers were winners



A GOOD FEELING -- SAC's basketball phenom Steve Smith shows off his award after being named the most valuable player of the Dons. Smith, who is USC bound, also was selected SCC MVP. Around Smith are, at left, Reggie Traylor (most improved) and Steve Hair (coaches award).

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